

# weekend of reflection

## First day:

Our eve explorer trip started early in the morning on a mini bus to Gloucester. When we arrived we met a knowledgeable man, Mohamed, who took us on a hiking trip while teaching us all about nature and how it connects to Islam. We then went on a relaxing trip to the beach and watched the sunset as we all felt the sisterhood among us. After that we arrived at our campsite, set up our tents for the night and ate a warm dinner.



## workshop

The workshop showed us how to observe the world and nature in a different way. The hike made the workshop interesting and interactive. It changed our perspective. It helped us understand some verses of the Quran and connect with nature.



(Do you not see how Allah compares a good word to a good tree? Its root is firm and its branches reach the sky.) Ayah 24, surah Ibrahim. This ayah describes the mother tree



Along the way we picked a story stick and things we found attractive and attached it on the stick, shared why we chose the object that we did and tried to link it back to ourselves, by doing this we were given the freedom to be as creative as possible with our ideas and perspectives whilst further making the workshop interactive.



## beach

After the workshop we saw the beach from a different view the way we see, look and observe. It made us appreciate the creation of Allah, it was the highlight of the trip. The view of the sunset was amazing, calming and relaxing. We all connected with each other.



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## Second day:

On day 2, we got up before sunrise to pray fajr and then had breakfast before packing up our luggage and tents. We left our campsite and made our way to caving. Whilst half of us did caving, the other half entered the museum. The museum was about the story of the cave and how it came about. It was extremely enjoyable and educational. We then enjoyed fish and chips and sat and reflected on how we saw the nature around us differently after the workshop. It was a relaxing and beautiful closure to our camp and allowed us to connect with each other.

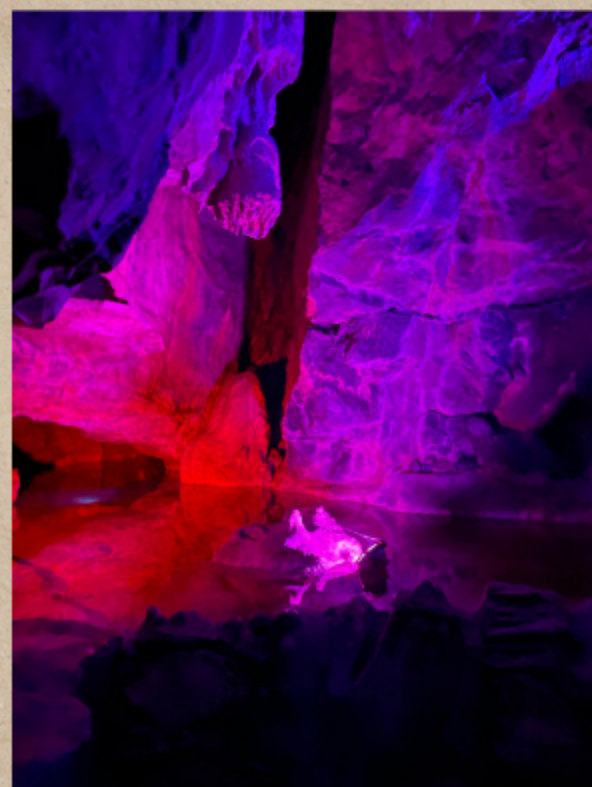


## caving

The caving experience was breath-taking and challenging. It made us think about the story of the prophet in the cave hira as it was mentioned in the workshop. It made me see things in a different way that everything is alive and everything worships Allah, even rocks.



After the worship the cave experience was like walking through history, Admiring Allah's creation. As we sat in the cave in the dark with our torches switched off I could not stop saying subhanallah, it was so dark that we could not see anything, not even our hands that were in front of us. We were fascinated by the plants that were growing in the cave that some thought were fake.



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